

WHOM TO CALL AT VLCT

Call 802-229-9111 or 800-649-7915 and use the 4-digit extension if necessary.

RISK MANAGEMENT SERVICES (RMS)

HEALTH TRUST: medical, dental, vision, life, disability, long-term care, cafeteria plans, wellness, COBRA. MR reps listed by territory:

Caledonia (not St. Johnsbury), Essex, Orange, Orleans, Washington (not Barre), Windham, and Windsor (not Hartford or Woodstock) counties	Tanya Chambers	1916
Addison, Bennington, Chittenden (not Colchester, Shelburne, South Burlington, or Winooski), Franklin, Grand Isle, Lamoille (not Stowe), and Rutland (not Rutland City) counties; St. Johnsbury	Pam VanDeursen	1971
Barre City, Barre Town, Colchester, Hartford, Rutland City, Shelburne, South Burlington, Stowe, Winooski, and Woodstock	Larry Smith	1943
Health Trust benefits administration	Kelley Avery	1965
Wellness initiatives and resources	Heidi Joyce	1932

PACIF – Property And Casualty Intermunicipal Fund: workers' comp; property, auto, liability; loss control, risk management.

New claims	Trisha Clark	1931
Workers' Compensation claims	Peggy Tucker Pat Boyle Kathi Chaloux Peggy Gates	1937 1923 1929 1922
Property & Casualty claims	Kelly Kindestin Susan Masters Terri McAdams Mike Ortega	1930 1972 1933 1927
Coverage questions, vehicle cards, vehicle & property additions and deletions, and Certificates of Insurance	Vicky Abare Susan Benoit Pam Fecteau	1941 1957 1934
PACIF Invoice questions	Amanda Moshinskie	1925
Loss Control consultants	Chris LaBerge Wade Masure Fred Satink	1954 1953 1948
Loss Control & Underwriting supervision	Joe Damiata	1936
Safety & Health workshops information	Jim Carrien	1946
DER (CDL drug testing) information	Jim Carrien	1946

UNEMPLOYMENT INSURANCE TRUST: admin, appeals, etc.

UI Trust Coverage questions	Kelley Avery	1965
UI Trust Invoice questions	Amanda Moshinskie	1925

THIRD-PARTY PROVIDERS

Blue Cross Blue Shield of Vermont ... www.bcbsvt.org; 800-247-2583
MVP www.mvphhealthcare.com; 888-687-6277
CIGNA 800-CIGNA24 [800-244-6224]
Health Advocate answers@healthadvocate.com; 866-695-8622
Northeast Delta Dental Sarah Nelson, 800-329-2011
EyeMed dposgay@eyemedvisioncare.com; 877-241-6989
Choice Strategies N.E. Client Svcs., 888-278-2555 ext. 1101
Choice COBRA Tamara Parr, 888-278-2555 ext. 1910
UNUM (Life, Disability) 800-421-0344
Invest EAP (Counseling) www.investeap.org; 800-287-2173
HR Sentry (Online HR info) www.hrsentry.com
TALX (UI support) amughal@talx.com; fax: 877-812-3143

MUNICIPAL ASSISTANCE CENTER (MAC)

Municipal Inquiry Service: attorney or professional staff member on call	Reception or info@vlct.org	
Professional Services: legal review of policies and ordinances; executive and personnel searches; and assistance with financial management, municipal law and governance, land use, human resources, law enforcement, and more	Abby Friedman	1926
MAC workshops and on-site trainings	Abby Friedman	1926
Municipal Census and MAC publications	Abby Friedman	1926
Municipal Benefits and Municipal Compensation reports	Elizabeth Harrington	1961
Water Resources assistance	Milly Archer	1964

ADVOCACY

Education Funding	Steve Jeffrey	1915
Environment and Local Authority	Karen Horn	1912
Clerk/Treasurer Issues, Transportation, and Public Safety	Jonathan Williams	1956

VLCT OVERALL

VLCT Invoice questions	Nancy McSparran	1966
Workshops schedule and registrations	www.vlct.org/events-news-blogs/event-calendar/	
To order publications (handbooks, survey reports, workplace posters, subscriptions)	www.vlct.org/marketplace/bookstore/	
Workshops or publications questions	Reception	
Updates to mailing lists (email or postal)	mailings@vlct.org or Shawna O'Neill	1935
VLCT News Display Ad questions	vlctnews@vlct.org	
Classified Ad submissions	vlctnews@vlct.org	
Classified Ad questions	David Gunn	1942
VLCT News Risk Management Services content (comments and suggestions)	Ione L. Minot	1913
Human Resources questions	Vicki Axtell	1958
Town Fair planning and exhibits	Jessica Hill	1928
Town Fair registration information	Reception	
Town Fair award nominations	Karen Horn	1912

~Please see other side for lists of managers and board members~



Serving and Strengthening Vermont Local Governments

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email: info@vlct.org; web: www.vlct.org

VLCT MANAGERS

802-229-9111 or 800-649-7915

Steven Jeffrey, Executive Director ext. 1915, sjeffrey@vlct.org
Ken Canning, Director, Risk Management Services..... ext 1921, kcanning@vlct.org
Dave Sichel, Deputy Director, Risk Management Services ext. 1920, dsichel@vlct.org
Abby Friedman, Director, Municipal Assistance Center..... ext. 1926, afriedman@vlct.org
Karen Horn, Director, Public Policy and Advocacy Services ext. 1912, khorn@vlct.org
Mike Gilbar, Chief Financial and Administrative Officer.....ext. 1918, mgilbar@vlct.org
Jim Burke, Director, Information Technology & Communicationsext. 1952, jburke@vlct.org
Vicki Axtell, Director, Human Resourcesext. 1958, vaxtell@vlct.org

BOARDS OF DIRECTORS

Vermont League of Cities and Towns

Hunter Rieseberg, PresidentTown Manager, Hartford
Sandra Harris, Vice President Town Clerk and Selectperson, Vernon
Sanford Miller, Immediate Past PresidentCity Manager, South Burlington
Richard Baker..... Selectperson, Brandon
Jared CadwellSelectperson, Fayston
Bill Fraser, Assistant Treasurer..... City Manager, Montpelier
Alison Kaiser Town Clerk, Stowe
Tammy Legacy Town Clerk, Roxbury
Hon. Christopher LourasMayor, Rutland City
Eric OsgoodSelectboard Chair, Johnson
Roland (Ted) SimmonsSelectboard Chair, Orwell
Hon. Miro Weinberger..... Mayor, Burlington
Brendan Whittaker..... Selectperson, Brunswick

VLCT Health Trust, Inc.

William Shepeluk, President..... Municipal Manager, Waterbury Town and Village
Sandra Gallup, Vice PresidentFinance Director, Montpelier
Joel Cope, Treasurer/SecretaryAdministrative Assistant, Brighton
William Bryant Town Administrator, Bristol
Sanford MillerCity Manager, South Burlington
Charles Jacien, Alternate..... Town Manager, Castleton

VLCT Property and Casualty Intermunicipal Fund, Inc.

Patrick Scheidel, President..... Town Manager, Essex
Hunter Rieseberg, Vice President Town Manager, Hartford
Joshua Powers, Jr., Secretary/Treasurer Trustee of Public Funds, Royalton
Neal Fox.....Selectboard Chair, Bethel
Valdine Hall Town Clerk/Treasurer, Greensboro
Dan Hill.....Municipal Administrator, Lyndon and Lyndonville Village
Stuart Hurd..... Town Manager, Bennington
Walker James..... Selectperson, Orwell
John Lawe Town Health Officer, Norwich
Carl Rogers Town Manager, Barre
Brendan Whittaker..... Selectperson, Brunswick
Keith Arlund, Alternate..... Town Manager, Brandon

VLCT Unemployment Insurance Trust, Inc.

Kathleen Ramsay, President.....Assistant Town Manager, Middlebury
Carrie Johnson, Vice President Town Administrator, Georgia
Joe Colangelo, Secretary/Treasurer..... Town Administrator, Hinesburg
Cynthia Gibbs Town Treasurer, Grafton
Todd Odit..... Town Administrator, Jericho
Charles Safford, Alternate..... Town Manager, Stowe