

What does your workplace health culture look like now in 2012?

- NOT 100% participation in wellness; lack of interest, commitment issues
- lack of collaborations/input from employees
- minimal budget; low-no incentives
- high stress, low moral
- scheduling conflicts
- cluttered; negativity; stress; lack of teamwork
- antiquated equipment, i.e., computers, programs, phones, printers; cords
- junk food in kitchen
- cold in winter, hot in summer; the dull sound of equipment running
- never enough time; computer issues; finding information/files
- lack of employee meetings
- employees want a fitness center
- employees want in-house staff to teach lunchtime classes in yoga and exercise
- wellness is considered a "nice thing to do" not part of business
- wellness programs are well established, but not part of everyday life
- we sit at our desks and in our cars ALL DAY!
- we are light green as far as recycling goes
- our programs are from the head (best practices) not the heart
- medium participation
- low feedback
- low to medium funds available for wellness
- pedometer/Keep It Off challenge
- \$50 wellness reimbursement
- healthy snacks 2X per year
- we are able to attend wellness workshops sponsored by our employer
- employer pays and encourages us to participate in the Governor's Cup 5K
- apple picking coupons; pumpkin carving contest
- group snowshoeing
- few employees setting and achieving health and wellness goals
- limited participation in wellness programs unless compensated \$\$\$
- negative attitudes toward wellness
- excuses for not participating are many
- site was inadequate and unsafe for customers and staff

- participated in wellness challenges
- exiled donuts from premises
- staff continued to struggle with weight loss
- staff lobbied hard during design phase of renovation for a gym room
- no support
- defensive towards health and wellness
- people don't care
- sleeping at work
- poor communication
- sweets at the office
- "I can't walk at lunch because I only have 30 minutes and I have to eat."
- we share space in our fire station; unfriendly physical environment; very little privacy; business office, records, vault, kitchen, fitness room all in one small, noisy space especially when there is a fire call
- health screening, wellness, other training somewhat on hold due to the flood
- "Leader" program gone, incentives have weakened, no longer group based, more difficult