

September 09, 2025

# **Acrisure's Employer Updates, 9/9/25**





### *Sponsored Content*

As we inch closer to Open Enrollment, it is essential that both employers and employees have a clear understanding of key terminology before making important benefits decisions. This knowledge not only empowers employees to make informed choices about their coverage but also helps employers prevent potential misunderstandings in the future.

The decisions made during this period can have a lasting impact on one's health, finances, and overall well-being – underscoring the importance of early and thorough preparation.

Attached is a reference guide containing common questions and answers you may encounter during this time of year. In addition, your Acrisure partner(s) are available to support employee education efforts and serve as a trusted resource throughout the enrollment process.

## **In Case You Missed It**



The Green Mountain Care Board (GMCB) has completed its review of 2026 Qualified Health Plan (QHP) rate filings from Blue Cross and Blue Shield of Vermont (BCBSVT) and MVP Health Plan, Inc. As expected, the [approved increases are significantly lower than the requested amounts](#). See below for the approved average increases (the lowest since 2022):

- **BCBSVT (Small Group Market):** Requested 13.5% GMCB approved 4.4%
- **MVP (Small Group Market):** Requested 7.5% GMCB approved 2.5%

#### Small Group Plans

▨ May 2025 proposal    ■ Approved rates

##### BCBSVT



##### MVP

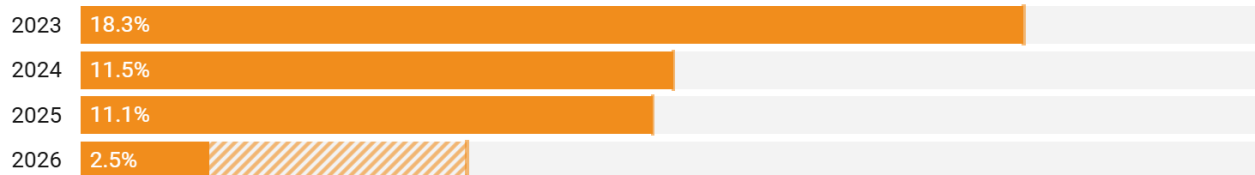


Chart: Erin Petenko • Source: GMCB, BCBSVT and MVP • [Get the data](#) • Created with [Datawrapper](#)

**Note:** These increases are not yet final to each of the plans offered in the state Exchange, as changes in plan design could still affect the final rates.

## Upcoming Training Reminder

On September 17 from 2 PM to 3 PM, Acrisure will be hosting "Creating A Culture of Psychological Safety." This is open to all VLCT members free of charge.



This session explores the concept of psychological safety – defined as a shared belief that the team is safe for interpersonal risk-taking – and its vital role in fostering open communication, trust, and continuous learning in the workplace. Participants will examine how psychological safety influences decision-making, feedback culture, innovation, and ethical behavior. Whether working in high-stakes roles or everyday team settings, attendees will gain practical tools to build psychological safety within their teams and across functional areas through interactive discussion.

## Testimonials

Last month, we featured a testimonial from the Town of Hartford. If you'd like to share your experience, we would love to highlight your story as part of our valued partnership with VLCT. You can send your testimonial to Sally McKenzie at [smckenzie@acrisure.com](mailto:smckenzie@acrisure.com).

