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Vermont's Small Group 2026 Health Insurance Plan Rates

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Current as of: 11/18/2026



On September 22, both MVP and Blue Cross Blue Shield of Vermont (BCBSVT) released their 2026 small group rates by plan. Below are the links to each carrier's summary table. BCBSVT small group plan premiums will increase by an average of 4.4%, while MVP small group plan premiums will increase by an average of 2.5%. Increases by specific plans vary from that average.

BCBSVT's Summary Chart(opens in a new tab)

MVP's Summary Chart(opens in a new tab)

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