FLSA and Vermont Wage Rules and Regulations

Copyright Vermont League of Cities and Towns
Current as of: 11/29/2026

The Fair Labor Standards Act (FLSA) is a complex federal law that was first enacted in 1938. Its main purposes include regulating overtime pay, establishing the federal minimum wage, and enacting child labor protections. Vermont's wage laws and regulations are similar, except Vermont employers must pay the state's minimum wage rate, since it is higher than the federal rate.

The US Department of Labor and the Vermont Department of Labor each have published comprehensive resources to assist employers in their compliance with these important laws. You can also contact PACIF's Human Resources Consultation Program, contact info@vlct.org. To request an **EPL Referral**, email us at EPLReferral@vlct.org.

Publication Date

03/20/2024

Copyright Vermont League of Cities and Towns
Current as of: 11/29/2026