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Northeast Delta Dental's Health through Oral Wellness (HOW) Program

All of Northeast Delta Dental's coverage includes the industry-leading **Health through Oral Wellness® (HOW®)** program at no additional charge.

HOW provides additional preventive benefits to members who are at risk for oral disease, thereby helping them achieve better oral and overall health. At-risk members are identified by dentists using a specific clinical risk assessment tool. Eligible members who receive a score of 3 to 5 on a 5-point scale automatically receive additional HOW benefits based on their oral health condition.

Members who have questions about this program after reviewing the items below are welcome to learn more by calling 1-800-649-7915 and speaking with Larry Smith, Manager, Member Relations (or emailing him at lsmith@vlct.org [1]), or Kelley Avery, Health Benefit Programs Administrator (or emailing her at kavery@vlct.org [2]).

Documents:

-  [Welcome to HOW! — flyer](#) [3]
-  [HOW Summary of Benefits — flyer](#) [4]
-  [HOW Explanation — pocket guide](#) [5]
-  [HOW Instructions — brochure](#) [6]

Links:

- [Online information about HOW for EMPLOYERS](#) [7]
- [Online information about HOW for PATIENTS](#) [8]

Resource Category:

- Guidance
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Links

- [1] <mailto:lsmith@vlct.org>
- [2] <mailto:kavery@vlct.org>
- [3] <https://www.vlct.org/sites/default/files/documents/Resource/DentHOWWelcFlyer.pdf>
- [4] <https://www.vlct.org/sites/default/files/documents/Resource/DentHOWSumBeneFlyer.pdf>
- [5] <https://www.vlct.org/sites/default/files/documents/Resource/DentHOWPocGd.pdf>

[6] <https://www.vlct.org/sites/default/files/documents/Resource/DentHOWInstrBro.pdf>

[7] <http://www.healththroughoralwellness.com/Employers>

[8] <http://www.healththroughoralwellness.com/Patients>