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## Sprain & Strain Injury Prevention (Safety Brief)

### Documents:

-  [Sprain & Strain Injury Prevention](#) [1]
-  [Summary of all PACIF Safety Brief topics](#) [2]

### Resource Category:

- Safety Brief

### Pertains to Roles:

- Highway Supervisor
  - Road Foreman
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### Links

[1] [https://www.vlct.org/sites/default/files/documents/Resource/SB15\\_SprainStrain\\_1.pdf](https://www.vlct.org/sites/default/files/documents/Resource/SB15_SprainStrain_1.pdf)

[2] [https://www.vlct.org/sites/default/files/documents/Resource/SB-all\\_SummaryChecklist\\_14.pdf](https://www.vlct.org/sites/default/files/documents/Resource/SB-all_SummaryChecklist_14.pdf)