



With **Individual Dental Coverage**, you get the same kind of dependable dental benefits offered by employee group plans.

Plan highlights include:

- Up to 100% coverage for diagnostic and preventive services like exams, cleanings, and x-rays
- Coverage for basic restorative services like fillings, extractions, and periodontal maintenance
- Coverage for major restorative services like root canals, crowns, dentures, and implants on select plans
- High annual maximums up to \$2,000 per person
- One-time deductible
- Access to the nation's largest dental PPO network*
- Vision discount program included with all plans

Enroll in your choice of plans at
DeltaDentalCoversMe.com/?agency=1782087519
or call the VLCT at
1-800-649-7915



Northeast Delta Dental



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Don't think dental coverage is important? Think again...

Having a pleasant smile, whiter teeth, and fresher breath are just a few of the benefits of going to the dentist on a regular basis. More importantly, studies show that your oral health is linked to your overall health.¹

Research indicates that poor oral health is linked to an increased risk of:

- Heart Disease
- Diabetes
- Respiratory Disease
- Various cancers (oral, lung, kidney, breast, even prostate cancer)
- Fertility problems in women
- High blood pressure
- Stroke
- Pneumonia

Reliable protection for individuals and families is now available through Northeast Delta Dental. Enrolling is easy. You can do it online, and it takes just a few minutes. Smile knowing that you're taking good care of yourself and your family. Available in Maine, New Hampshire, and Vermont.

¹Academy of General Dentistry. The Importance of Oral Health to Overall Health. Available at www.agd.org/public/oralhealth. March 2011.



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