

How To Sign up for a myVermont Account

Unemployment Insurance e-Services Guide

Claimants, Employers and Third-Party Administrators (TPAs) must sign up for a myVermont single sign-on account to access the new Unemployment Insurance (UI) system, also known as e-Services. This guide provides instructions on how to sign up for and verify a myVermont account.

1 Visit my.Vermont.gov

Go to <http://my.vermont.gov> and click **Sign Up** at the bottom of the screen.

This link is to create the account ONLY. You will use your myVermont logon from the Claimant or Employer e-Services page to access the new UI System.

Log in to get started

Required Field (*)

Email Address*

Next

[Forgot password?](#)

[Unlock Account](#)

[Help](#)

[Privacy Policy](#)

[Accessibility](#)

Don't have an account? [Sign up](#)

2 Create Account

Complete required fields and click **Agree & Create Account** when done.

- Note password requirements
- View the password with the eye icon
- You cannot create multiple myVermont accounts using the same email address
- You will need access to the email to verify the account

Password*

Password requirements:

- At least 8 characters
- A lowercase letter
- An uppercase letter
- A number
- A symbol

By using my.vermont.gov, you acknowledge and agree that your account information is kept with my.vermont.gov, a statewide system administered by the Agency of Digital Services. This information may be used by any State agency or subdivision for any lawful purposes including securing and verifying your account.

Agree & Create Account

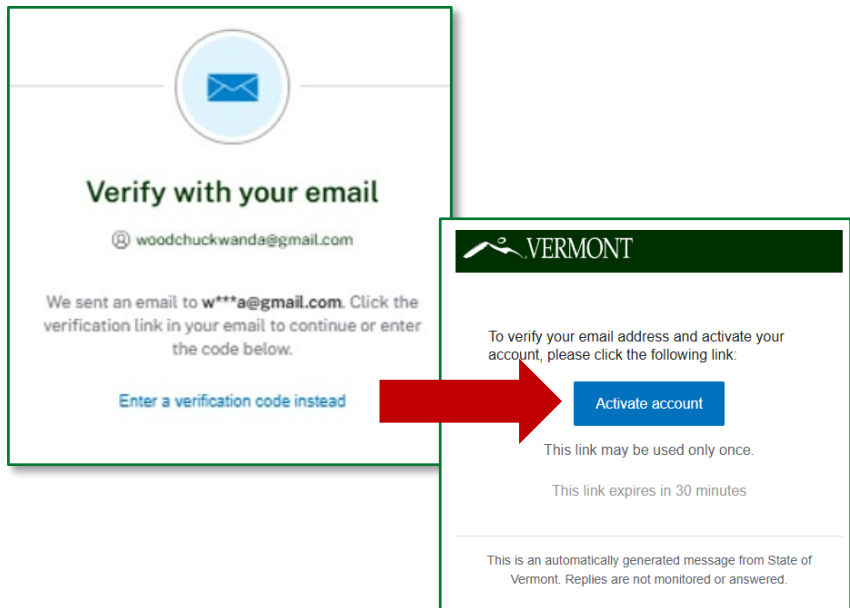
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3 Verify Your Email

Look for an email from “myVermont” with the subject line “Activate your my.Vermont.gov account.”

Open the email and click the **Activate account** button.

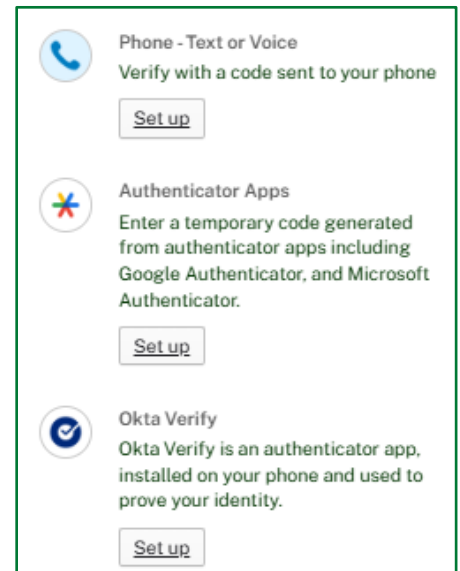


4 Choose a Security Method

Setting up Multi-factor Authentication (MFA) is required to access any Vermont Department of Labor portal. It is recommended that you set up MFA now to keep your data safe and secure, and to save time later.

Choose one of the following MFA options:

- Select **Set up** Phone for a text or call
- Select **Set up** Authenticator Apps
- Select **Set up** Okta Verify to download a separate verification application



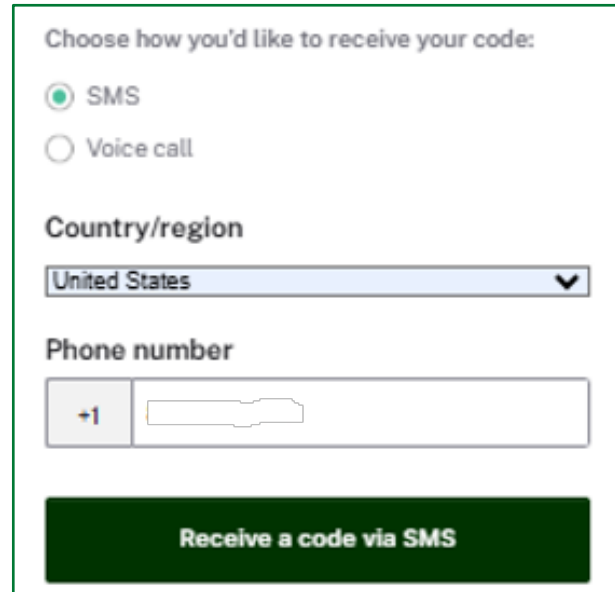
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5 Set Up Phone Authentication

Enter a phone number to receive a verification code via text message or phone call.

- Select **SMS** to receive a text
- Select **Voice call** to receive a call



Choose how you'd like to receive your code:

SMS

Voice call

Country/region

United States

Phone number

+1

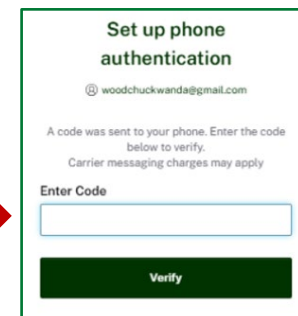
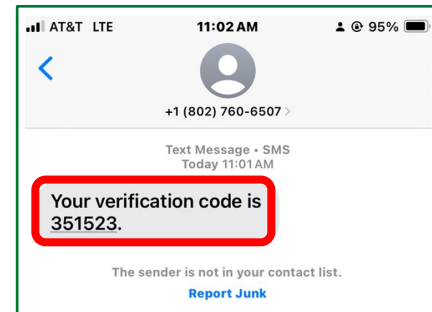
Receive a code via SMS

6 Verify Security Measure

To finish setting up MFA for your myVermont account, you will verify your chosen security measure.

Enter the verification code and click **Verify**.

- If using a phone, be careful not to click **Report Junk**



Set up phone authentication

woodchuckwanda@gmail.com

A code was sent to your phone. Enter the code below to verify. Carrier messaging charges may apply.

Enter Code

Verify



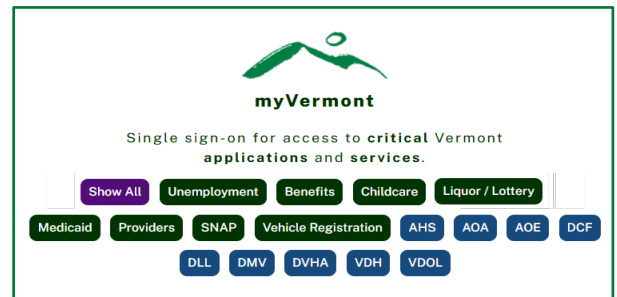
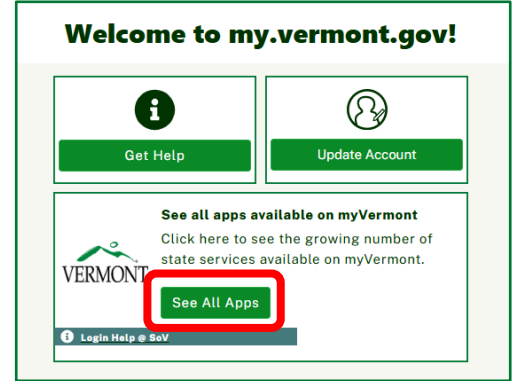
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7 The Welcome Screen

Once you reach this screen, you have successfully created your myVermont account.

To access other State of Vermont services and applications click **See All Apps**.



8 Logging into e-Services

Visit the Claimant or Employer e-Services page and click **Sign in with myVermont**.



New Claimant and Employer e-Services portals coming Summer 2026!

