Weekly Digest

• July 14, 2026 •

H&W Items on Treasury's 2026 Regulatory Agenda

"On Friday, July 3, Treasury posted its regulatory agenda, which includes the following health and welfare-related provisions: Notably, the prior agenda had the following items listed, but they no longer appear on the agenda, even though Treasury has not yet issued the proposed regulations." **Full Article**

Groom Law Group

Mental Health Parity Compliance Continues to Challenge Employer Health Plans

"Despite repeated warnings from the US Departments of Labor, Health and Human Services, and the Treasury (collectively, the departments) that they prioritize mental health parity compliance, employer health plans continue to not fully comply, as reported in the departments' 2025 MHPAEA Report to Congress, issued on February 20, 2026." **Full Article**

McDermott Will & Schulte

In This Digest

What Aspects of ERISA Fiduciary Duty Can Plan Sponsors Outsource?

"While a plan sponsor may delegate certain administrative and fiduciary functions, it cannot delegate away its fiduciary responsibilities—or fully eliminate potential liability—under the Employee Retirement Income Security Act. ... the act of delegation creates an additional fiduciary responsibility—not a release from one. Specifically, the plan sponsor retains a duty to prudently select plan service providers and monitor their performance on an ongoing basis. These obligations are themselves fiduciary functions and cannot be delegated away." **Full Article**

Asset International, Inc

What New Medicare GLP-1 Coverage Means for Employers

"Medicare launched an 18-month pilot program Wednesday called Medicare GLP-1 Bridge, giving eligible participants access to certain GLP-1 medications for $50 per month." **Full Article**

Arizent

What Plan Sponsors Need to Know About the Federal Independent Dispute Resolution ("IDR") Operations Final Rules – Five Takeaways

"On May 28, 2026, the federal government issued Final Rules and a Fact Sheet that change how payment disputes between health plans and out-of-network providers are handled under the No Surprises Act's ("NSA") binding arbitration system." **Full Article**

Snell & Wilmer, LLP

2026 Pharmacy Benefit Manager Reform: What Employers Need to Know

"The CAA (H.R. 7148) enacted PBM reforms related to transparency and reporting, rebates and compensation, pharmacy participation, and enforcement and remedies. While the reforms do not take effect for more than two and a half years (plan years beginning on or after 30 months after the Act's enactment, or Jan. 1, 2029, for calendar year plans), employers will benefit from early review of their PBM contracts as the CAA requirements prohibit the renewal of contracts that do not meet the requirements imposed by the CAA. Failing to meet the relevant requirements can result in prohibited transactions." **Full Article**

Epstein Becker & Green, PC